

Essential Travel Packing Checklist

Documents & Essentials

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- Passport
- Boarding passes
- Travel insurance
- Hotel confirmations
- Emergency contacts
- Copies of important documents

Money & Cards

- Debit/credit cards
- Local currency
- Travel wallet
- Backup card

Clothing

- 3–5 tops
- 2–3 bottoms
- Lightweight jacket
- Swimwear
- Sleepwear
- Socks & underwear

- Comfortable walking shoes

Toiletries

If you're travelling with hand luggage only:

- All liquids, gels, creams, and pastes must be **100ml or under**
- They must fit inside **one clear, resealable 1-litre bag**
- Bag must fit under seat unless large cabin bag purchased

Recommended items:

- Toothbrush + toothpaste
- Deodorant
- Travel-size shampoo + conditioner (100ml or under)
- Razor
- Sunscreen (100ml or under)
- Travel towel

Tech

- Phone + charger
- Power bank
- Universal adapter
- Camera + SD cards
- Headphones

Health & Safety

- First-aid kit
- Medications
- Hand sanitiser (100ml or under if in hand luggage)
- Reusable water bottle (empty before security)

Extras

- Travel pillow
- Snacks
- Notebook
- Pen
- Small daypack
- Passport
- Boarding passes
- Travel insurance
- Hotel confirmations
- Emergency contacts
- Copies of important documents

Please note; this list is based on UK airport rules and this may be different in other countries - please check the airport rules before your return journey.